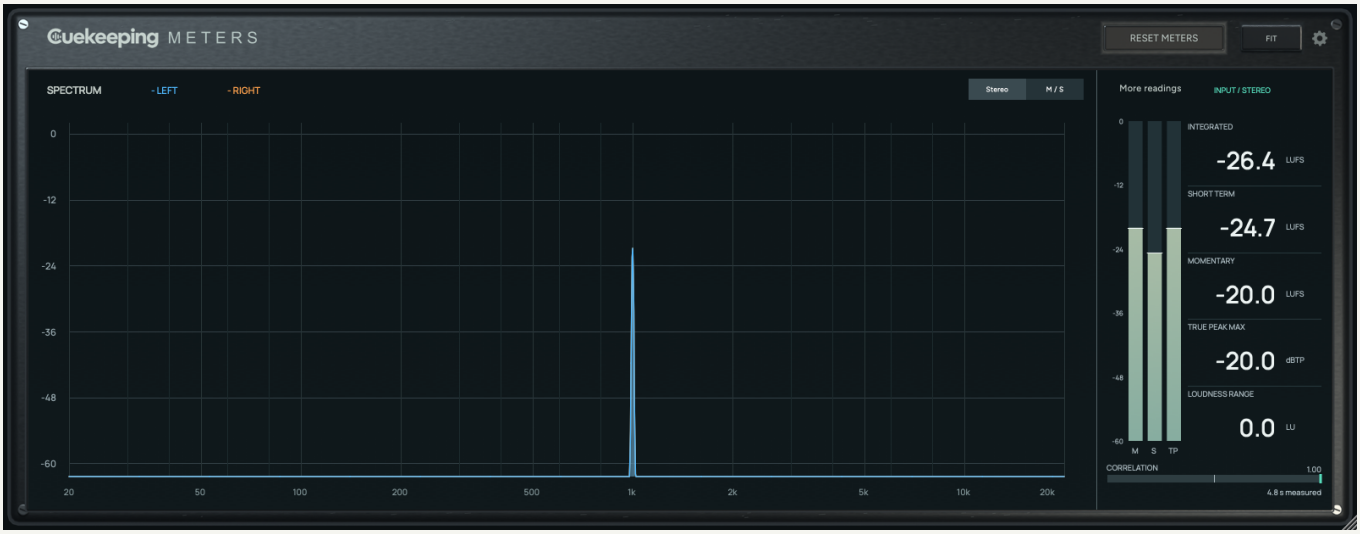
Keep the readings close.

Free spectrum and loudness metering for stereo tracks and full mixes. Meters passes the input through unchanged, with no added latency or tail.



Install the right package

Mac: universal Apple silicon and Intel AU/VST3, macOS 12 or later. Save your project and close the DAW before running the signed, notarized PKG.

Windows x64: VST3 for 64-bit Windows 10 or later. Windows ARM: ARM64 and ARM64EC VST3 variants for matching hosts on Windows 11 ARM. Windows installers are unsigned. Don’t disable security protections to force installation.

Open Meters

Rescan plugins if needed, then insert Cuekeeping Meters on a stereo track or master bus. No activation or internet connection is needed to use the installed plugin. Website signup and free checkout provide your downloads through your Cuekeeping account.

Read the spectrum.

The graph shows what is reaching this insert. Graph settings never change the sound.



Stereo and Mid/Side

Stereo overlays Left and Right. M/S overlays Mid and Side, calculated as (L+R)/2 and (L-R)/2. These are display modes, not listening controls. Use correlation alongside the graph when checking how the channels relate.

Choose the detail

The gear opens Analyzer settings. FFT resolution sets frequency detail; overlap controls frame spacing. Averaging sets the sample-timed 20 dB fall time. Smoothing averages neighboring frequency bins. Frequency bounds, floor, ceiling, tilt and fill affect the display only.

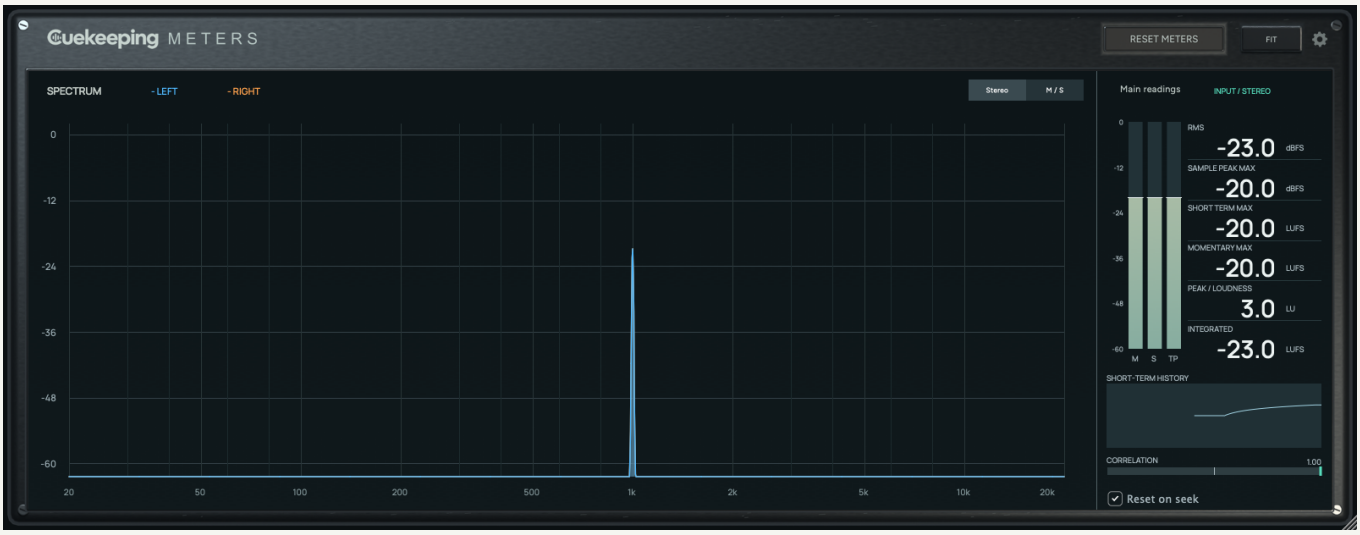
Mixing, Detailed Bass and Fast Transients are built-in analyzer presets. The default calibrated Hann window uses Joe Ford’s numeric SPAN defaults. It does not reproduce Voxengo’s proprietary Dome window.

Freeze, Hold and Clear peaks

Freeze stops spectrum updates while audio continues unchanged. Hold shows the highest spectrum traces since the last clear. Clear peaks clears the analyzer’s history. Double-clicking the spectrum also clears it. The hover crosshair reads frequency and display level.

Measure a useful pass.

Press Reset meters before a fresh measurement, then play the program you want to measure.



Loudness and peaks

Integrated loudness covers the measured pass. Short-term uses a 3-second window; momentary uses 400 milliseconds. True peak estimates intersample peaks. Sample peak reads the actual sample maxima. LRA describes loudness variation after sufficient program has played.

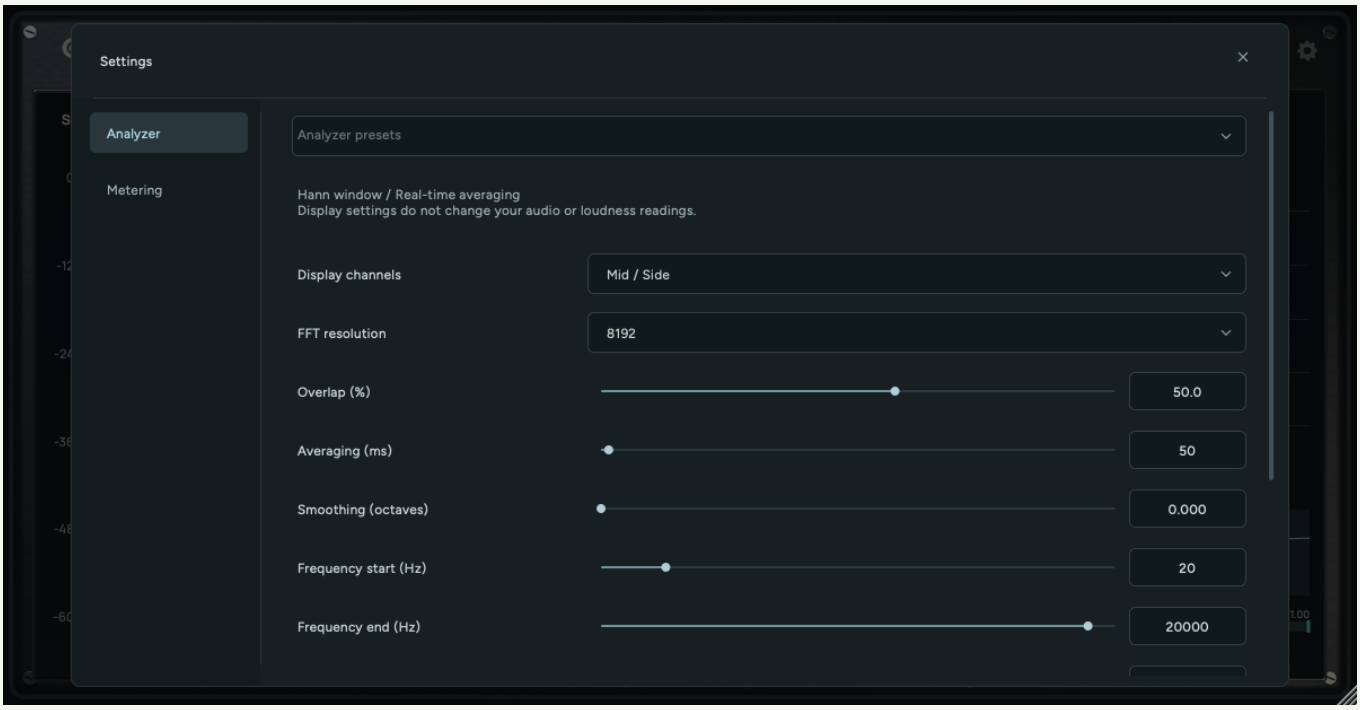
More readings shows RMS, sample-peak maximum, loudness maxima, peak-to-loudness ratio and integrated loudness. Taller layouts also show short-term history. Undefined readings display dashes; silence has no measured correlation.

Transport and reset

Stop/resume keeps the pass. Reset on seek starts a new pass after a DAW jump or loop; change it in Metering settings. Reset meters or double-click the meter panel to clear measurements and peak holds. A data-gap warning means audio was lost from the measurement pass. Reset before relying on a fresh result.

Settings and support.

DAW project state recalls your analyzer settings and window size. There is no custom preset browser.



Window controls

Drag the resize corner or use Fit/Restore. Double-click the steel header to toggle the same action. More readings changes the numeric meter view. The analyzer and meters stay on the main surface.

Update or remove

Save your DAW project and close the host before updating. The Mac installer preserves previous Meters bundles outside scan folders and rejects an in-use update. On Windows, use Installed apps to uninstall. Plugin paths: Mac /Library/Audio/Plug-Ins/Components and /Library/Audio/Plug-Ins/VST3; Windows Common Files/VST3. Remove only this product's files.

If something looks wrong

Check the input signal and bus layout. Allow enough playback time for the requested measurement. For support, send your plugin version, OS, DAW, plugin format and reproduction steps to support@cuekeeping.com. Purpose-built QA uses 48 kHz; full EBU certification and physical-hardware acceptance on every system are not claimed. Third-party notices are included in the installer.